

Sydney Academy
Teacher Communication Plan
2009-2010

Teacher: Keith Morrison and Len Harvey Course: Physically Active Lifestyles
Course Overview:

Please allow us the opportunity to introduce the course as well as the expectations for students. Our administration has asked us to impress upon all involved the importance of attending classes. To meet the outcomes of each course, time on task, i.e. attendance, is of the utmost importance. Please note that excused classes do not relieve the student of the responsibility for the curriculum addressed during their absence. All excused absences must be reported to the office within five days of the absence to be excused.

Sydney Academy has an automatic dialer system, which will inform the home of any classes that are missed because of an unexcused absence. The first week in each month, students will take home a record of their previous month's attendance. I will also call home for any reason that I feel should be brought to your attention.

This course is designed to help all students make informed decisions concerning enjoyable physical activities in both high school and in adult life. By means of activity and theory, the course introduces students to a variety of pursuits to help improve self esteem as they learn the importance of fitness, fair play and healthy lifestyles. By the end of this course, students are expected to have participated in a variety of healthful activities, to have a sound knowledge base regarding healthful activities, and to be able to make activity choices. It is intended that this course will assist students in developing personal responsibility for their own health and physical fitness.

The term mark for this class will be calculated as follows:

Activity Participation	60%
Class work (portfolio, journal, tests, quizzes, etc)	40%
	= 100%

This course emphasizes physically active lifestyles, so students are expected to be properly prepared for physical activity. Students must make arrangements to have projects and/or assignments turned in to the school on the due date assigned if they are unable to attend on that day. Points will be deducted each day the project or assignment is late. In the case of prolonged illness, arrangement with regard to due dates must be made with me in advance.

There is no exam given for this course.

If you have any concerns, or additional questions, you may contact us at Sydney Academy, 562-5464.

Thank you,

Keith Morrison and Len Harvey

Please sign and return:
