

PHYSICAL EDUCATION LEADERSHIP 12
Mr. J. LeBlanc

- Topics:**
- Leadership Characteristics
 - Introductory Anatomy, Physiology and Biomechanics
 - Performance Nutrition
 - Event Management
 - NCCP Fundamental Movement Skills
 - Ethics in Sport
 - First Aid/CPR Training
 - Personal Fitness Training

Evaluation:

- Community Physical Activity Assignment
- Written Quizzes
- Skill and Fitness Testing
- Discussion Participation
- Gym Participation

There will be no make-up tests or assignments required for missed components of the assessment due to an excused absence. Instead, the value of other assessment pieces will be pro-rated to determine the assessment mark. Students who miss assessment pieces due to an unexcused absence will be given a mark of zero (All excused absences must be phoned in to the office within five days of the absence to be excused).

Note: Attendance and active participation are critical in meeting the outcomes of this course. There will be some situations where students will be expected to complete tasks outside of class time.

Contact-562-5464 (school)

PHYSICAL EDUCATION 12 COMMUNICATION PLAN

Course description: this course places emphasis on lifetime recreational activities with a balance between indoor and outdoor activities. Physical fitness and the development of leadership skills continue as priorities.

The following sport units will be explored as part of this course.

Flag football	Soccer
Handball/Speedball	Volleyball
Floor hockey	Badminton
Basketball	Pickle ball
Baseball/Softball	Track & Field

Evaluation

- Tests
- Leadership development
- Skill/ Fitness Testing
- Sport Assignments
- Peer Teaching

Students must have proper footwear (court shoes, running shoes) and clothing (shorts, track pants) to participate in class. NO EXCEPTIONS.

Parents/Guardians will be contacted if attendance or behaviour becomes an issue. Monthly attendance profiles will be sent home by homeroom teachers.

Parents/Guardians may initiate contact through Sydney Academy's main office by phone 562-5464.

There will be no make-up tests or assignments required for missed components of the assessment due to an excused absence. Instead, the value of other assessment pieces will be pro-rated to determine the assessment mark. Students who miss assessment pieces due to an unexcused absence will be given a mark of zero (All excused absences must be phoned in to the office with-in five days of the absence to be excused).

PHYSICAL EDUCATION 11 COMMUNICATION PLAN

Course description: this course places emphasis on lifetime recreational activities with a balance between indoor and outdoor activities. Teaching games for understanding with a focus on tactics and strategies are key outcomes. Physical fitness and the development of leadership skills continue as priorities.

The following sport units will be explored as part of this course.

Flag football	Soccer
Handball/Speedball	Volleyball
Floor hockey	Badminton
Basketball	Pickle ball
Baseball/Softball	Track & Field

Evaluation: The mid-term report carries a weight of 20% toward the final grade. The final exam and fitness test has a weight of 30%. The remaining 50% will be an ongoing evaluation from the activities listed below.

- Tests
- Leadership development
- Skill/ Fitness Testing
- Sport Assignments
- Peer Teaching

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There will be no make-up tests or assignments required for missed components of the assessment due to an excused absence. Instead, the value of other assessment pieces will be pro-rated to determine the assessment mark. Students who miss assessment pieces due to an unexcused absence will be given a mark of zero (All excused absences must be phoned in to the office with-in five days of the absence to be excused).