

PHYSICAL EDUCATION 11 COMMUNICATION PLAN

Course Description – this course places emphasis on lifetime recreational activities with a balance between indoor and outdoor activities. Physical fitness and the development of leadership skills continue as priorities.

The following sport units will be explored as part of this course :

Flag football	Soccer
Handball/speedball	Volleyball
Floor hockey	Badminton
Basketball	Pickle ball
Baseball/softball	Track & Field
Cooperative games	Lacrosse

Evaluation:	Tests	15%
	Leadership development	20%
	Skill/Fitness Testing	30%
	Sport Assignments	30%
	Peer Teaching	5%

STUDENTS MUST HAVE PROPER FOOTWEAR (COURT SHOES, RUNNING SHOE) AND CLOTHING (SHORTS, TRACK PANTS) TO PARTICIPATE IN CLASS. NO EXCEPTIONS!!!

Parents/Guardians will be contacted if attendance or behavior becomes an issue.
Monthly attendance profiles will be sent home by homeroom teachers.

Parents/Guardians may initiate contact through Sydney Academy's main office by phone 562-5464.